



Health Declaration

Full name in capitals _____

I am receiving the following treatment at the present time. (If none please write none)

I am aware that I must bring any medication with me on the charter boat.

I declare that to the best of my knowledge I am not suffering from epilepsy, disability, giddy spells, asthma, diabetes, angina or any other heart condition and that I am fit to participate in the sailing of the boat.

I understand that by declaring illness or medical conditions this will not prevent me from taking part with "Tomboy Sailing" but that it is important that the skipper is aware of any potential problems.

I am aware that I should consult my general practitioner if I am in any doubt about my fitness to take part in the sailing of the boat.

Signed _____ Date _____